

Pos	Forename	Surname	Club	Race		Age Cat	Wave 2		Result	Age Cat	Gender
				Number	Wave		Adj	Time			
1	Kieran	Cooper	St Andrews University AC	92	1	MS	00:32:08	00:00:00	00:32:08	1	1
2	Stuart	Donnachie		40	1	MS	00:33:50	00:00:00	00:33:50	2	2
3	George	Pettit	Cambuslang Harriers	49	1	M40	00:36:03	00:00:00	00:36:03	1	3
4	Iain	Murphy	Bellahouston Road Runners	85	1	MS	00:36:33	00:00:00	00:36:33	3	4
5	Finn	Boyd	Maryhill Harriers	32	1	MS	00:36:35	00:00:00	00:36:35	4	5
6	Mark	King	Cambuslang Harriers	5	1	M50	00:37:48	00:00:00	00:37:48	1	6
7	Rhona	Mowat	Giffnock North AC	36	1	FS	00:39:24	00:00:00	00:39:24	1	1
8	Louise	Mitchell	Canis Sports Fife	4	1	FS	00:39:51	00:00:00	00:39:51	2	2
9	Chris	Upton	Cambuslang Harriers	6	1	M50	00:40:25	00:00:00	00:40:25	2	7
10	Christopher	McCarron	Calderglen Harriers	82	1	MS	00:40:42	00:00:00	00:40:42	5	8
11	Scott	McLeod	Vegetarian Cycling & AC	39	1	M40	00:41:05	00:00:00	00:41:05	2	9
12	Mark	Western	PH Racing Club	24	1	M50	00:41:28	00:00:00	00:41:28	3	10
13	David	Gaffney		44	1	M40	00:42:11	00:00:00	00:42:11	3	11
14	Stephen	Mcalweenie		50	2	M40	00:50:50	00:08:38	00:42:12	4	12
15	Jenny	Brown		29	1	F40	00:42:12	00:00:00	00:42:12	1	3
16	Mark	Welsford	Kirkintilloch olympians	8	1	M40	00:42:40	00:00:00	00:42:40	5	13
17	Chris	Cameron		11	1	MS	00:42:41	00:00:00	00:42:41	6	14
18	Maria	Mott		17	1	FS	00:42:43	00:00:00	00:42:43	3	4
19	Robert	Pattinson		46	1	M50	00:44:19	00:00:00	00:44:19	4	15
20	Wayne	Barlow	Glasgow South Road Runners	59	2	M50	00:53:04	00:08:38	00:44:26	5	16
21	Jeremy	Couling	Garscube Harriers	47	1	M50	00:44:57	00:00:00	00:44:57	6	17
22	Kristina	Greig	Bellahouston Harriers	13	1	FS	00:45:01	00:00:00	00:45:01	4	5
23	Katherine	Hylands	Bellahouston Harriers	15	1	FS	00:45:12	00:00:00	00:45:12	5	6
24	Mary	Western	PH Racing Club	23	1	F50	00:45:20	00:00:00	00:45:20	1	7
25	Sheila	Murray		19	1	F40	00:45:48	00:00:00	00:45:48	2	8
26	Catherine	Ferry	Edinburgh Athletics Club	66	1	F40	00:46:09	00:00:00	00:46:09	3	9
27	Ruth	Harrison		31	2	F40	00:54:59	00:08:38	00:46:21	4	10
28	Aaron	McCrone		25	1	MS	00:47:07	00:00:00	00:47:07	7	18
29	Paula	McCabe	Cambuslang Harriers	68	1	FS	00:47:25	00:00:00	00:47:25	6	11
30	Stephen	Macintyre		60	1	M50	00:47:36	00:00:00	00:47:36	7	19

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31	Wendy	Andrews		67	1	FS	00:47:52	00:00:00	00:47:52	7	12
32	Rhona	Moran		72	1	F40	00:48:05	00:00:00	00:48:05	5	13
33	claire	wharton	Bellahouston Road Runners	22	1	F50	00:48:06	00:00:00	00:48:06	2	14
34	Mhairi	Hill	Bellahouston Road Runners	70	1	F40	00:48:06	00:00:00	00:48:06	6	15
35	Nicholas	Dowley	Glasgow South Road Runners	20	2	M50	00:56:49	00:08:38	00:48:11	8	20
36	Michael	Ewing	Giffnock North AC	55	2	M50	00:56:53	00:08:38	00:48:15	9	21
37	John	Burns	Motherwell AC	79	1	M50	00:48:18	00:00:00	00:48:18	10	22
38	Alan	Cox	Unattached	48	1	M50	00:48:19	00:00:00	00:48:19	11	23
39	Alastair	Cunningham	Central Athletics Club	54	1	M50	00:49:25	00:00:00	00:49:25	12	24
40	Maureen	Mcalweenie		51	2	F50	00:58:14	00:08:38	00:49:36	3	16
41	Kirsty	Mcleish	Bellahouston Road Runners	14	2	F40	00:58:15	00:08:38	00:49:37	7	17
42	Paul	Rooney	Calderglen Harriers	57	1	M40	00:49:46	00:00:00	00:49:46	6	25
43	Steven	Brown		75	2	MS	00:58:51	00:08:38	00:50:13	8	26
44	Chris	harper		88	1	MS	00:50:14	00:00:00	00:50:14	9	27
45	Ross	Suttie		73	1	MS	00:50:27	00:00:00	00:50:27	10	28
46	Sam	Hampton-Smith	Westerlands Cross Country Club	7	2	M40	00:59:21	00:08:38	00:50:43	7	29
47	Alan	Bow		42	2	M40	00:59:25	00:08:38	00:50:47	8	30
48	Gillian	Gallagher	The Runbetweeners	18	1	F40	00:50:50	00:00:00	00:50:50	8	18
49	Stuart	Macdonald	Bellahouston Harriers	76	2	M50	00:59:42	00:08:38	00:51:04	13	31
50	Michael	Meehan	Bellahouston Harriers	69	2	M50	00:59:53	00:08:38	00:51:15	14	32

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				Number	Wave		Adj	Time			
51	Alan	Morris		35	1	MS	00:51:24	00:00:00	00:51:24	11	33
52	Derek	Shand		43	2	M40	01:00:32	00:08:38	00:51:54	9	34
53	MICHAEL KAR WAI	CHENG	RUN TALK RUN	74	2	MS	01:00:39	00:08:38	00:52:01	12	35
54	Gary	Mclinton		41	1	M50	00:52:03	00:00:00	00:52:03	15	36
55	Laura	Ritchie	Bellahouston Harriers	78	1	FS	00:52:47	00:00:00	00:52:47	8	19
56	Simon	Parkinson		12	1	M50	00:52:53	00:00:00	00:52:53	16	37
57	David	Spratt		83	1	M40	00:52:53	00:00:00	00:52:53	10	38
58	Marina	Mccallum	Kirkintilloch Olympians	21	1	F50	00:53:18	00:00:00	00:53:18	4	20
59	Leanne	Mcintosh	Bellahouston Road Runners	62	1	F40	00:53:35	00:00:00	00:53:35	9	21
60	Laura	Henderson	Bellahouston Road Runners	64	1	FS	00:53:35	00:00:00	00:53:35	9	22
61	Alexandra	Sutherland	Bellahouston Road Runners	65	1	FS	00:53:35	00:00:00	00:53:35	10	23
62	Helen	Mowat		37	2	F50	01:02:43	00:08:38	00:54:05	5	24
63	Holly	Porteous		58	2	FS	01:02:44	00:08:38	00:54:06	11	25
64	Mark	Gormley	Stornoway Running & Athletics Club	2	2	M50	01:03:18	00:08:38	00:54:40	17	39
65	Stuart	Irvine	Garscube Harriers	81	2	M60	01:03:29	00:08:38	00:54:51	1	40
66	Blythe	Lindsay		1	2	F50	01:03:46	00:08:38	00:55:08	6	26
67	Linda	Cunningham	Central Athletics Club	53	2	F50	01:03:58	00:08:38	00:55:20	7	27
68	Gary	Mitchell		90	2	MS	01:04:08	00:08:38	00:55:30	13	41
69	John	Sandbach		26	2	M50	01:05:18	00:08:38	00:56:40	18	42
70	Christopher	Hever	Maryhill Harriers	33	2	M50	01:05:56	00:08:38	00:57:18	19	43
71	Pamela	Bridge	Dunblane Runners	80	2	F60	01:06:09	00:08:38	00:57:31	1	28
72	Gemma	Cummins		27	2	F40	01:06:11	00:08:38	00:57:33	10	29
73	June	MacLeod	Bellahouston Harriers	9	2	F60	01:06:29	00:08:38	00:57:51	2	30
74	Wendy	Morcos		84	2	F60	01:06:40	00:08:38	00:58:02	3	31
75	Andy	Taylor	Red Star AC	3	2	M60	01:07:15	00:08:38	00:58:37	2	44
76	Scott	Mulheron		71	2	MS	01:09:40	00:08:38	01:01:02	14	45
77	Russell	Couper	Calderglen Harriers	91	2	M50	01:10:22	00:08:38	01:01:44	20	46
78	Iorraine	barnett		89	2	F50	01:10:32	00:08:38	01:01:54	8	32
79	Caroline	Dale		61	2	F50	01:13:59	00:08:38	01:05:21	9	33
80	ROBBIE	DALE		63	2	M50	01:14:00	00:08:38	01:05:22	21	47

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				Number	Wave			Adj	Result		Pos	
81	Jacqueline	Glass	Bellahouston Harriers	10	2	F60	01:19:46	00:08:38	01:11:08	4	34	
82	John	Softley	Bellahouston Harriers	28	2	M60	01:19:47	00:08:38	01:11:09	3	48	
88	Scott	Fergus		16	2	M40	DNS	00:00:00	#VALUE!			
83	Eleanor	McGowan		30	2	FS	DNS	00:00:00	#VALUE!			
84	Damien	MacFarland		34	1	MS	DNS	00:00:00	#VALUE!			
85	Ken	Monaghan	Kilmarnock Harrier & Athletic Club	38	1	M40	DNS	00:00:00	#VALUE!			
89	David	Scott	Cambuslang Harriers	45	1	M40	DNS	00:00:00	#VALUE!			
86	julie	brown		52	2	F50	DNS	00:00:00	#VALUE!			
90	Troy	Morgan		56	1	M50	DNS	00:00:00	#VALUE!			
87	Tom	Flood		77	1	MS	DNS	00:00:00	#VALUE!			
91	Kirsty	Strachan		86	2	F50	DNS	00:00:00	#VALUE!			