

Forename	Surname	Gender	Club	Age Cat	Entry Number	Time	Pos	Gender Pos	Age Cat
Jack	Arnold	Male	Bellahouston Harriers	MS	233	00:26:46	1	1	1
Andrew	Merry	Male		MS	272	00:27:31	2	2	2
Allistair	Gray	Male		MS	253	00:27:35	3	3	3
Richard	Cooper	Male	Cambuslang Harriers	M50	93	00:28:15	4	4	1
Michael	Gowans	Male	Bellahouston Harriers	MS	251	00:28:33	5	5	4
Chris	Upson	Male	Cambuslang Harriers	M50	286	00:28:46	6	6	2
Andy	Downey	Male	Garscube Harriers	M50	244	00:30:43	7	7	3
Mark	Welsford	Male	Kirkintilloch Olympians	M40	77	00:31:31	8	8	1
David	Downey	Male	Dunblane Runners	M50	245	00:32:05	9	9	4
arthur	mulholland	Male	East Kilbride Athletics Club	M50	275	00:32:10	10	10	5
Derek	Macmillan	Male		MS	267	00:32:24	11	11	5
Philip	Knight	Male	Glasgow South Road Runners	M50	260	00:32:50	12	12	6
Gawain	Hammond	Male		M40	211	00:33:26	13	13	2
Nicola	Dawson	Female		F40	242	00:34:23	14	1	1
Paul	Climie	Male		M50	202	00:35:05	15	14	7
Mark	Ashby	Male	Victoria Park City of Glasgow	M60	234	00:35:09	16	15	1
Sharon	O'Leary	Female		F50	277	00:35:44	17	2	1
James	Kellock	Male	Dumfries Running Club	M50	216	00:35:45	18	16	8
Peter	Smith	Male		MS	285	00:35:55	19	17	6
Scott	Morrison	Male		MS	225	00:35:56	20	18	7
Tonya	Sheridan	Female		FS	226	00:36:07	21	3	1
Graeme	Michie	Male	Kirkintilloch Olympians	M50	224	00:36:16	22	19	9
Andrew	Cruickshank	Male	Glasgow Tri Club	M50	97	00:36:30	23	20	10
Nathalie	Jones	Female		F40	257	00:37:05	24	4	2
Ruth	Harrison	Female		F40	254	00:37:07	25	5	3
Isobel	McFarlane	Female	West End Road Runners	F50	99	00:37:24	26	6	2
Wendy	Andrews	Female		FS	86	00:37:32	27	7	2
Robert	Jones	Male		MS	258	00:37:41	28	21	8
Steven	Gilligan	Male	Westerlands Cross Country Club	M40	249	00:37:49	29	22	3
Anne	Macfarlane	Female	Dumfries Running Club	F50	265	00:37:57	30	8	3
Lesley	Anderton	Female		F40	231	00:38:18	31	9	4
Daniel	Anderton	Male		M40	232	00:38:18	32	23	4

Joanne	Kelly	Female		F50	259	00:38:25	33	10	4
Lindsey	Shields Waters	Female	West End Road Runners	F50	282	00:39:22	34	11	5
Jean	MacDonald	Female	Dunoon Hill Runners	F60	218	00:39:28	35	12	1
Marina	Mccallum	Female	Kirkintilloch Olympians	F50	269	00:39:34	36	13	6
Sharon	Cooper	Female		F50	241	00:39:50	37	14	7
Katie	Hepburn	Female	West End Road Runners	F40	213	00:40:07	38	15	5
Robert	Doherty	Male		M60	243	00:40:18	39	24	2
John	Roach	Male		M40	281	00:40:23	40	25	5
Suzy	Houston	Female		F40	94	00:40:30	41	16	6
Allen	Campbell	Male	West End Road Runners	M40	238	00:40:45	42	26	6
Ryan	Martin	Male		MS	222	00:41:02	43	27	9
Stewart	Merry	Male		M60	273	00:41:07	44	28	3
Alison	Downey	Female	Dunblane Runners	F50	246	00:41:08	45	17	8
Mhoraig	Macfarlane	Female		FS	219	00:41:47	46	18	3
Krystin	Macmillan	Female		FS	266	00:41:57	47	19	4
Blythe	Lindsay	Female		F50	263	00:42:42	48	20	9
Vicky	Kytzia	Female	Rogue Runners	F40	98	00:43:46	49	21	7
Liam	Faulkner	Male		MS	247	00:44:25	50	29	10
Lorna	Edwards	Female	East Kilbride Athletics Club	F50	207	00:44:29	51	22	10
Emma-Jane	Gault	Female		F50	208	00:44:30	52	23	11
Robert	Hill	Male		M50	255	00:44:39	53	30	11
Rebecca	Maclennan	Female		FS	221	00:45:13	54	24	5
Melissa	Williams	Female	Westerlands Cross Country Club	FS	289	00:45:33	55	25	6
Gillian	Phillips	Female	Cumbernauld Amateur Athletics Club	F40	279	00:45:48	56	26	8
patricia	littlechild	Female		F50	264	00:46:02	57	27	12
Anne	Glass	Female		F50	250	00:46:08	58	28	13
Kirsteen	Kellock	Female	Dumfries Running Club	F40	215	00:47:23	59	29	9
Claire	Gault	Female		F50	248	00:48:38	60	30	14
Lorna	Choudhery	Female		F40	240	00:48:58	61	31	10
Kay	Hunter	Female	Glasgow Fronrunners	F40	256	00:49:00	62	32	11
Kathryn	Simms	Female		FS	283	00:49:23	63	33	7
Sean	Mcgleenan	Male	Dumfries Running Club	M60	270	00:49:53	64	31	4
Anne	Guthrie	Female	Jog Scotland Cambuslang	F50	210	00:50:18	65	34	15

Beth	Crossan	Female		F50	205	00:52:57	66	35	16
Laura	Kennedy	Female		F50	217	00:52:57	67	36	17
Kathryn	Sinsheimer	Female		F60	227	00:54:13	68	37	2
Jean	Wilson	Female	West End Road Runners	F60	290	00:55:07	69	38	3
Suzy	O'Connor	Female		F50	276	00:56:59	70	39	18
Neil	Wilson	Male	West End Road Runners	M60	291	01:01:42	71	32	5
Margaret	Goodfellow	Female		F60	209	01:09:50	72	40	4
Finola	Ashe	Female		F40	235	01:09:50	73	41	12
Dayle	Burnside	Female	North Ayrshire Athletics Club	F40	236	01:09:50	74	42	13
Sharon	McCall	Female	North Ayrshire Athletics Club	F50	268	01:09:50	75	43	19
Ted	Mcpake	Male	Jogscotland Salsburgh	M40	271	01:09:50	76	33	7
Collette	Connell	Female		F50	95	01:09:50	77	44	20
William	Martin	Male		M50	96	01:09:50	78	34	12
Scott	Walker	Male		M50	287	01:10:50	79	35	13
N	Cameron	Female		F40	237	DNF			