

Forename	Surname	Gender	Club	Age Cat	Number	Time
Mark	Ford	Male		M40	102	00:05:33
Steven	Macgregor	Male		MS	119	00:05:36
Steven	Prentice	Male		M50	116	00:05:42
Barry	Mitchell	Male	Bellahouston Harriers	MS	121	00:06:01
Iain	Muirhead	Male	Bellahouston Harriers	M50	123	00:06:01
Emma	Rogerson	Female	Bellahouston Harriers	F40	113	00:06:14
Joe	Linney	Male		M50	63	00:06:32
Paul	Fletcher	Male	GSRR	M50	114	00:07:25
Cameron	Winton	Male	Glasgow FrontRunners	M50	118	00:08:00
Victoria	Tinney	Female		FS	122	00:09:12
Fraser	McCann	Male		MS	DNS	DNS
Alisdair	Brown	Male		MS	DNS	DNS
Stuart	Geddes	Male		M40	DNS	DNS
Gordon	Gallacher	Male	Bellahouston Harriers	M50	DNS	DNS