

Forename	Surname	Club	Cat	No.	Lx5 Time	Pos	Gen Pos	Cat Pos
David	Hepburn		MS	624	00:19:30	1	1	1
Grant	Jeans		MS	652	00:20:04	2	2	2
Richard	Cooper	Cambuslang Harriers	M50	586	00:20:24	3	3	1
Chris	Upson	Cambuslang Harriers	M50	549	00:20:37	4	4	2
Lukasz	Pudlo		MS	567	00:21:15	5	5	3
Ryan	Macready	Glasgow Triathlon Club	MS	674	00:21:47	6	6	4
Victor	Mcgregor	Kilbarchan Amateur AC	MS	551	00:21:50	7	7	5
Eddie	Neilson		M40	585	00:22:08	8	8	1
Stephen	Lyons		MS	657	00:22:27	9	9	6
colin	wylie	Giffnock North AC	M50	660	00:22:28	10	10	3
Duncan	Boyd	Garscube Harriers	M50	671	00:22:32	11	11	4
DAVID	RIACH	Westerlands Cross Country Club	M50	668	00:22:41	12	12	5
Mark	McCormack	Fenwick Striders	MS	584	00:23:07	13	13	7
Daniel	Burns	Clydesdale Harriers	MS	635	00:23:21	14	14	8
Richard	Stark	Strathaven Striders	M60	661	00:23:37	15	15	1
Jenny	Brown		F40	598	00:23:40	16	1	1
Richard	McKean		M40	689	00:23:52	17	16	2
Greig	Neilson		M40	682	00:24:00	18	17	3
Philip	Knight	Glasgow South Road Runners	M50	673	00:24:09	19	18	6
Edward	Guccione		M40	579	00:24:36	20	19	4
Hugh	Brown		M50	683	00:24:39	21	20	7
Steven	Glasgow		MS	664	00:24:42	22	21	9
Alan	Main	Motherwell AC	MS	687	00:24:43	23	22	10
Janis	Mcarthur		FS	625	00:24:49	24	2	1
Laura	Wallace	Ayr Seaforth Athletic Club	F40	604	00:24:57	25	3	2
Allan	Mann		MS	642	00:25:07	26	23	11
Aaron	McCrone		MS	641	00:25:10	27	24	12
Gordon	McLarnon		MS	644	00:25:19	28	25	13
Kenneth	Taylor	Bellahouston Harriers	M40	655	00:25:38	29	26	5
James	Speakman	West End Road Runners	M50	620	00:25:46	30	27	8
Jamie	Wieland	Bellahouston Road Runners	MS	571	00:26:06	31	28	14
James	Chesnet		M50	601	00:26:10	32	29	9

Craig	Brown	Garscube Harriers	M50	555	00:26:14	33	30	10
Laura	Lennon	Victoria Park City Of Glasgow	FS	656	00:26:17	34	4	2
Roberta	Fletcher	Milburn Harriers	FS	561	00:26:25	35	5	3
Sharon	O'Leary		F50	680	00:26:26	36	6	1
Craig	Hepburn		MS	626	00:26:47	37	31	15
Liam	McGregor	Vegan Runners	M40	662	00:26:50	38	32	6
Steven	Gilligan		M40	591	00:27:19	39	33	7
Joanne	Walker		F40	573	00:27:22	40	7	3
Simon	Parkinson	Bellahouston Harriers	M50	565	00:27:30	41	34	11
Graham	Marshall		M40	605	00:27:53	42	35	8
Sheila	Murray		F40	599	00:27:55	43	8	4
Andrew	Howie		M40	596	00:28:07	44	36	9
Isobel	McFarlane	West End Road Runners	F50	619	00:28:08	45	9	2
David	Kelly	In2 The Wild Fitness	MS	627	00:28:09	46	37	16
Jennifer	Killeen		FS	692	00:28:20	47	10	4
Annibale	Coia	Glasgow Triathlon Club	M60	553	00:28:26	48	38	2
CÃ©dric	Moreau		M50	615	00:28:36	49	39	12
mark	Bailkoski		M50	562	00:28:39	50	40	13
Nick	McKerrell		M50	686	00:28:44	51	41	14
Kay	Guccione		F40	578	00:28:50	52	11	5
Robert	Doherty		M60	663	00:28:54	53	42	3
Angus	Robinson		M50	612	00:28:59	54	43	15
krystin	Macmillan		FS	688	00:29:07	55	12	5
Kirsten	Downie		FS	691	00:29:15	56	13	6
Stuart	Macdonald		M50	636	00:29:20	57	44	16
Gillian	Gallagher		F40	684	00:29:24	58	14	6
Jan	Boyd	Garscube Harriers	F50	670	00:29:35	59	15	3
Maureen	Campbell	Garscube Harriers	F50	632	00:29:48	60	16	4
Gordan	Gallagher	Bellahouston Harriers	M50	678	00:29:50	61	45	17
Arthur	O'Brien		M50	575	00:29:59	62	46	18
Lindsey	Shields Waters	West End Road Runners	F50	690	00:30:00	63	17	5
Fiona	Roberts		F50	679	00:30:08	64	18	6
Alice	Thompson		F40	672	00:30:18	65	19	7

Aileen	Coulter		F50	677	00:30:28	66	20	7
John	Sandbach		M50	676	00:30:29	67	47	19
Stephanie	Rudd	Bellahouston Harriers	F50	639	00:30:38	68	21	8
Kelly	Ludwig	Bellahouston Road Runners	F40	675	00:31:02	69	22	8
Penny	Bond		F50	580	00:31:08	70	23	9
Derek	Millar	Jogscotland	M50	548	00:31:26	71	48	20
Stuart	Weatherley		M40	597	00:31:29	72	49	10
Lyndsay	Kerrigan	Clydesdale Harriers	FS	634	00:31:35	73	24	7
Ole	Pahl		M50	600	00:31:36	74	50	21
Kirsty	Davidson		FS	609	00:31:44	75	25	8
Michael	McNamara	Bellahouston Harriers	M50	638	00:31:47	76	51	22
Audrey	O'Brien	Westerlands Cross Country Club	M40	653	00:31:50	77	52	11
Kirstin	Campbell		FS	590	00:31:51	78	26	9
Emma	Bowden		FS	613	00:31:56	79	27	10
Melissa	Williams	Westerlands Cross Country Club	FS	645	00:32:03	80	28	11
Lesley	McKerral	Greenock Glenpark Harriers	F50	557	00:32:34	81	29	10
Stuart	Reid		M40	629	00:32:40	82	53	12
Raymond	Loughran	Glasgow Triathlon Club	M60	658	00:32:48	83	54	4
Nathalie	Smith	Greenock Glenpark Harriers	F40	582	00:32:56	84	30	9
Steven	Smith	Greenock Glenpark Harriers	M50	583	00:32:56	85	55	23
Andy	Taylor	Kilmarnock Harrier & Athletic Club	M60	669	00:33:12	86	56	5
Lynn	Reid	Bellahouston Road Runners	F50	568	00:33:22	87	31	11
Deirdre	Parkinson	Bellahouston Harriers	F60	566	00:33:30	88	32	1
Anna	Conlon		FS	685	00:33:32	89	33	12
Lucy	Addison		F50	614	00:33:58	90	34	12
Rob	Huggett		MS	648	00:33:59	91	57	17
Catherine Lynn	Macnaughton	West End Road Runners	F40	637	00:34:06	92	35	10
Paul	Fletcher	GSRR	M50	659	00:34:08	93	58	24
David	Gemmell	DB12Run	M40	576	00:34:13	94	59	13
Sarah	Renouf		FS	647	00:34:16	95	36	13
Claire	Purdie		F50	563	00:36:01	96	37	13
Pamela	Clark		F60	622	00:36:09	97	38	2
David	Sawyer	Unattached	M50	651	00:36:21	98	60	25

Emma	main	On the Run Cumbernauld	F40	618	00:36:41	99	39	11
Anna	Robinson		F50	623	00:37:28	100	40	14
Nicola	Barrington	Bellahouston Road Runners	FS	628	00:38:01	101	41	14
Catherine	Mullaney		F60	666	00:40:23	102	42	3
Bridget	Cox		F50	665	00:41:05	103	43	15
Annette	McKirdy		F60	667	00:41:09	104	44	4
Amy	Gray	Jog scotland	FS	602	00:42:32	105	45	15
Colin	Gray	Clydesdale Harriers	M50	603	00:42:33	106	61	26
Kathleen	McGee		F40	589	00:42:58	107	46	12
James	Steel		M40	681	00:42:59	108	62	14
Shona	McCormack		F50	550	00:43:07	109	47	16
Alan	Duff	Glasgow Triathlon Club	M60	558	DNF	110	63	
Ian	Lafferty		MS	693	DNF	111	64	