

Forename	Surname	Club	Cat	No.	Kx5 Time	x5 P _o	Lx5 Time	x5 P _o	Rx5 Time	x5 P _o	Px5 Time	x5 P _o	Bx5	x5 P _o	Qx5	x5 P _o	Score	Prizes
David	Hepburn		MS	624	00:17:33	2	00:19:30	1	00:18:56	1			00:17:42	1	00:20:08	1	6	1st Male
Hannah	Bayes		F40	611	00:20:44	2			00:22:10	1	00:23:48	1	00:20:33	2	00:23:38	1	7	1st Female
Jenny	Brown		F40	598	00:20:44	1	00:23:40	1	00:22:34	2	00:24:47	2	00:20:07	1			7	1st Female
Grant	Jeans		MS	652	00:17:26	1	00:20:04	2	00:19:03	2	00:20:59	1	00:17:49	2			8	2nd Male
Callum	Wallace		MS	577	00:18:49	3			00:20:00	3	00:21:16	2	00:17:54	3	00:20:35	2	13	3rd Male
Janis	Mcarthur		FS	625	00:22:13	3	00:24:49	2	00:24:05	3	00:25:35	3	00:22:12		00:25:17	3	14	3rd Female
Laura	Lennon	Victoria Park City Of Glasgow	FS	656	00:22:24		00:26:17	4	00:24:07	4	00:26:39	4	00:21:48	3	00:24:15	2	17	
Lukasz	Pudlo		MS	567	00:19:19	5	00:21:15	4	00:20:24	5			00:18:50	4	00:20:45	3	21	
Ryan	Macready	Glasgow Triathlon Club	MS	674			00:21:47	5	00:20:17	4	00:22:11	3	00:18:59	5	00:21:08	4	21	
Laura	Wallace	Ayr Seaforth Athletic Club	F40	604	00:23:12	6	00:24:57	3	00:24:40	5			00:23:09	5	00:25:40	5	24	1st F40
Julie	Atkinson	Lothian Running Club	F40	574	00:22:54	5			00:25:01	7	00:27:55	6	00:23:36	8	00:25:30	4	30	
Sharon	O'Leary		F50	680			00:26:26	6	00:24:55	6	00:27:27	5	00:23:13	6	00:26:07	7	30	1st F50
Eddie	Neilson		M40	585	00:19:24		00:22:08	6	00:21:30	7	00:22:56	5	00:19:46	8	00:21:54	5	31	
Stephen	Lyons		MS	657	00:19:22	7	00:22:27	7			00:22:52	4	00:20:45	11	00:22:08	6	35	
Mark	McCormack	Fenwick Striders	MS	584	00:19:39		00:23:07	8	00:21:28	6	00:23:09	7	00:19:40	7	00:22:53	7	35	
Sheila	Murray		F40	599	00:23:36		00:27:55	8	00:25:43	9	00:28:42	7	00:23:16	7	00:26:04	6	37	
Joanne	Walker		F40	573	00:24:12		00:27:22	7	00:25:50	10	00:30:20	8	00:24:33	9	00:28:09	8	42	
Richard	Stark	Strathaven Striders	M60	661			00:23:37	10	00:22:47	10	00:24:09	9	00:20:58	12	00:24:22	8	49	1st M60
Isobel	McFarlane	West End Road Runners	F50	619	00:24:56	10	00:28:08	9	00:27:21	11	00:31:58		00:25:41	12	00:29:01	10	52	
Stephanie	Rudd	Bellahouston Harriers	F50	639	00:26:25	15	00:30:38		00:28:16	14	00:30:58	11	00:26:01	13			53	
Kay	Guccione		F40	578	00:25:00	11	00:28:50	10	00:27:26	12			00:25:25	11	00:29:14	11	55	
Kirsten	Downie		FS	691			00:29:15	11	00:28:34	15	00:31:23	12	00:25:10	10	00:28:37	9	57	
Aaron	McCrone		MS	641	00:21:07	11	00:25:10	14			00:26:44	13	00:21:54	14	00:25:31	12	64	
Craig	Brown	Garscube Harriers	M50	555	00:22:04	14	00:26:14		00:23:56	15	00:28:11	18	00:22:27	17			64	1st M50
Jamie	Wieland	Bellahouston Road Runners	MS	571	00:22:19	16	00:26:06		00:23:37	12	00:27:15	14	00:21:59	15	00:24:53	9	66	
Jonathan	Henderson		M40	556	00:21:55	13			00:23:41	13	00:26:27	11	00:22:46	18	00:25:29	11	66	
Alice	Thompson		F40	672			00:30:18	14	00:28:15	13	00:30:58	10	00:26:59	17	00:30:18	12	66	
Maureen	Campbell	Garscube Harriers	F50	632	00:26:24	14	00:29:48	12	00:29:22	18			00:26:07	14	00:30:28	14	72	
Allan	Mann		MS	642	00:22:13	15	00:25:07	13	00:24:29	18	00:28:49	19	00:23:43		00:25:21	10	75	
Kristin	Sauer		F40	610	00:27:59	21			00:29:03	16	00:30:57	9	00:26:59	16	00:30:25	13	75	
Aileen	Coulter		F50	677	00:26:43	16	00:30:28	15			00:31:30	13	00:27:40	19	00:31:20	15	78	
Kenneth	Taylor	Bellahouston Harriers	M40	655	00:22:39	17	00:25:38	16	00:23:50	14			00:24:00	22	00:25:39	13	82	
Gordon	McLarnon		MS	644	00:23:04	19	00:25:19	15	00:24:21	17			00:22:51	19	00:25:45	15	85	
Edward	Guccione		M40	579	00:23:49	25	00:24:36	12	00:24:02	16			00:22:13	16	00:25:48	16	85	
James	Chesnet		M50	601	00:23:29	21	00:26:10	19	00:24:49	20	00:26:32	12			00:25:44	14	86	
Catherine Lynn	Macnaughton	West End Road Runners	F40	637	00:26:19	12	00:34:06	27	00:29:20	17			00:27:18	18	00:31:57	16	90	
James	Speakman	West End Road Runners	M50	620	00:22:55	18	00:25:46	17	00:25:12	21	00:28:07	17			00:28:04	18	91	
Craig	Hepburn		MS	626	00:23:39		00:26:47	21	00:25:45	22	00:27:57	15	00:23:31	20	00:26:23	17	95	
Kirstin	Campbell		FS	590	00:26:45	17	00:31:51	19	00:30:02	21	00:37:28		00:27:46	21	00:32:17	19	97	
Nathalie	Smith	Greenock Glenpark Harriers	F40	582	00:27:45	19	00:32:56		00:29:50	20	00:33:37	18	00:27:42	20	00:32:39	22	99	
Deirdre	Parkinson	Bellahouston Harriers	F60	566	00:29:43	25	00:33:30	24	00:31:29	25	M		00:29:05		00:33:47	25	99	1st F60
Steven	Gilligan		M40	591	00:23:09	20	00:27:19	22			00:28:00	16	00:24:38	23	00:28:23	21	102	
Kirsty	Davidson		FS	609	00:29:00	23	00:31:44	18	00:30:36	22	00:34:08	19	00:28:45		00:32:33	21	103	

Lucy	Addison		F50	614	00:26:47	18	00:33:58	26	00:30:44	23	00:35:55	21		00:32:06	17	105	
Lesley	McKerral	Greenock Glenpark Harriers	F50	557	00:27:56	20	00:32:34	21			00:33:34	17	00:29:06	29	00:32:15	18	105
Anna	Conlon		FS	685			00:33:32	25	00:31:27	24	00:32:02	15	00:27:49	22	00:33:10	24	110
Melissa	Williams	Westerlands Cross Country Club	FS	645	00:29:12	24	00:32:03	20	00:31:34	26			00:28:48	25	00:32:32	20	115
Richard	Cooper	Cambuslang Harriers	M50	586	00:18:50	4	00:20:24	3	00:38:56	40	00:44:55	35	00:36:45		00:44:16	34	116
CÃ©dric	Moreau		M50	615	00:25:32		00:28:36	26	00:27:10	25	00:29:10	20	00:25:46	27	00:28:19	20	118
Lynn	Reid	Bellahouston Road Runners	F50	568	00:28:37	22	00:33:22	23	00:31:39	27			00:29:03	27	00:33:10	23	122
mark	Baikoski		M50	562	00:24:34	27	00:28:39	27	00:26:43	23			00:25:23	24	00:28:42	22	123
Robert	Doherty		M60	663			00:28:54	29	00:27:14	26	00:29:57	22	00:25:28	25	00:30:17	25	127
Angus	Robinson		M50	612	00:25:23	28	00:28:59		00:27:57	28	00:30:15	23	00:25:55	28	00:28:44	23	130
Sarah	Renouf		FS	647	00:30:12	26	00:34:16	28	00:31:52	28			00:29:02	26	00:33:27	24	132
Stuart	Macdonald		M50	636	00:26:16	32	00:29:20	31	00:28:39	29	00:30:49	24	00:25:42	26			142
Claire	Purdie		F50	563	00:31:10	27	00:36:01	29	00:34:12	30			00:31:24	31	00:35:46	26	143
Pamela	Clark		F60	622	00:32:03	30	00:36:09	30	00:34:42	31	00:37:18	22	00:30:28	30			143
Nicola	Barrington	Bellahouston Road Runners	FS	628	00:31:18	28	00:38:01		00:35:08	32	00:38:55	25	00:31:30	32	00:37:50	27	144
Derek	Millar	Jogscotland	M50	548	00:26:09	30	00:31:26		00:29:12	32	00:32:28	29	00:26:06	29	00:30:38	26	146
Arthur	O'Brien		M50	575	00:26:15	31	00:29:59	32			00:32:33	30	00:26:11	30	00:30:09	24	147
Emma	main	On the Run Cumbernauld	F40	618	00:31:37	29	00:36:41	31	00:33:23	29			00:31:42	33	00:38:20	28	150
Graeme	Gilkes	Garscube Harriers	M50	633	00:26:26	33			00:29:02	30	00:30:54	25	00:27:14	34	00:33:20	30	152
John	Sandbach		M50	676	00:26:44	35	00:30:29	33			00:31:31	27	00:27:39	35	00:31:20	28	158
Michael	McNamara	Bellahouston Harriers	M50	638	00:26:46	36	00:31:47	35	00:29:10	31	00:31:20	26	00:26:21	31			159
Amy	Gray	Jog scotland	FS	602	00:34:34	32	00:42:32	34	00:37:42	34	00:44:49	26	00:34:59	34			160
Paul	Fletcher	Glasgow South Road Runners	M50	659	M		00:34:08	39	00:30:33	35	00:32:00	28	00:26:39	32	00:30:39	27	161
Kathleen	McGee		F40	589	00:36:28	33	00:42:58	35	00:38:55	35			00:36:44	35	00:41:55	29	167
Peter	Meehan	Bellahouston Harriers	MS	572	00:26:32	34			00:29:45	33	00:32:40	31	00:29:27	38	00:32:49	29	165
David	Gemmell	DB12Run	M40	576	00:29:43	38	00:34:13		00:31:54	37	00:35:12	32	00:29:07	37	00:33:26	31	175
Raymond	Loughran	Glasgow Triathlon Club	M60	658			00:32:48	36	00:33:12	38	00:36:53	33	00:31:12	40	00:34:42	33	180
Colin	Gray	Clydesdale Harriers	M50	603	00:34:36	40	00:42:33		00:37:43	39	00:44:52	34	00:35:00	41	00:34:24	32	186
Nick	McKerrell		M50	686			00:28:44	28	00:26:58	24	00:29:54	21	M	M	00:28:14	19	#####